



## I'm a Teenager Get Me Out of Here!: A Survival Guide for the Teenage Siblings of Young People with Autism

By Carolyn Brock, Jess Abbo

National Autistic Society. Paperback. Book Condition: new. BRAND NEW, I'm a Teenager Get Me Out of Here!: A Survival Guide for the Teenage Siblings of Young People with Autism, Carolyn Brock, Jess Abbo, When you have a brother or sister with autism, it's completely natural to feel that life is unfair sometimes, that too much is expected of you. Perhaps you feel you get less attention from your parents than your sibling or you are angry with your parents for not coping better. Maybe you just want more information and to know if there is anyone else out there going through the same things. The author hopes that this book written especially for teenage siblings of people with an autism spectrum disorder (ASD) will help them to realise that they are not alone and to be honest about their feelings, to understand their siblings better and to know where to look for further help. Information about autism, advice on how to get on with all the family and ways of coping when things get difficult are presented in a colourful and lively magazine-style format, with real-life stories, question-and-answer sections, a quiz, and a problem page. Carolyn Brock brings a wealth...



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