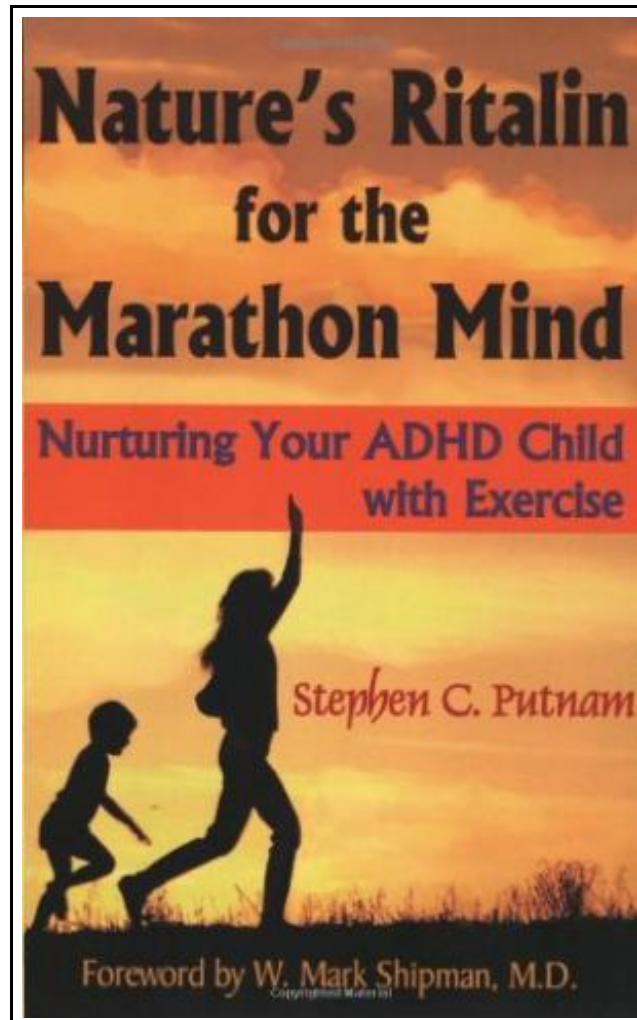


## Nature's Ritalin for the Marathon Mind: Nurturing Your ADHD Child with Exercise



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