



Eternal Youth: Unlocking the Secret to Health and Vitality (Paperback)

By Karen Lyric

Balboa Press, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Would you like to be vibrant, attractive and successful for as long as you live without using artificial and expensive alternatives? With little time or effort, you will be able to discover your own internal fountain of youth. Eternal Youth offers you clear and concise methods for achieving a more youthful and improved version of yourself. Through practical exercises that take as little as ten minutes a day, you can increase your energy and vitality. Years will melt away as you begin to release old negative beliefs and welcome fresh new ones. Life is meant to be lived. By being open to new, positive experiences you will live life to the fullest. Let Eternal Youth be your guide to extended youthfulness-your natural state of being.



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